



Parents of Autistic Children of Northern Virginia (POAC-NoVA)

Listserv Guidance

Welcome to POAC-NoVA's listserv! It is intended to provide a place where members – parents, family members, and guardians – can feel free to share ideas and resources, ask questions, and find encouragement and support.

To post to this group, send email to community@poac-nova.org.

To post anonymously, send your email to anonymous@poac-nova.org.

To unsubscribe or update your settings, email Administrator@poac-nova.org.

This is a discussion list, where members respect different perspectives and agree to disagree with civility. On a list with hundreds of members from practically every walk of life, disagreement is natural. If you are offended by another's perspective, respond respectfully or simply delete the message.

Please note POAC-NoVA does not endorse or take responsibility for individual posts on our listserv. Members are advised to view them as only recommendations and explore other ways to “fact check.” Most of us are not experts—just parents with common experiences.

DO:

- Ask questions about your concerns or about services or resources for your children or family.
- Share your perspective thoughtfully and respectfully.
- Provide support for members in distress.
- Offer items for free or arrange “swaps” (but share personal information offline).
- Share other disability-related events hosted by non-profit organizations.
- Recommend, in response to dialogue, services, information or supports provided by professional groups or by POAC-NoVA or other nonprofit organizations.

DO NOT:

- Post personal information about yourself or others that you do not want to be seen by all members. Do not post, repost, or forward the personal information of others without their knowledge or permission.
- Advertise or promote a business that you own, operate, or by which you are employed.
- Use abusive language including rude, hostile, or accusatory remarks or cursing.
- Forward spam (send unsolicited email to a number of people).
- Post religiously or politically-charged messages.

Violating these rules, in most cases, will result in a warning. However, the administrator reserves the right to ban members from posting if there is excessive and/or repeated abuse.

The Board of Directors thanks you for your contribution to our community and wishes you a wealth of knowledge through your participation on this list serv.

For more information about Parents of Autistic Children of Northern Virginia visit www.poac-nova.org.