

## Adapted Sports, Recreation and Travel Opportunities for Individuals with Disabilities As of: February 2021

Program	Website	Contact	Email	Phone
<b>COUNTY</b>	<b>THERAPEUTIC RECREATION</b>	<b>DEPARTMENTS</b>		
Therapeutic Recreation- Alexandria	<a href="https://www.alexandriava.gov/recreation/info/default.aspx?id=45758">https://www.alexandriava.gov/recreation/info/default.aspx?id=45758</a>	Jackie Person	<a href="mailto:jackie.person@alexandriava.gov">jackie.person@alexandriava.gov</a>	703 746-5422
Therapeutic Recreation- Arlington County	<a href="https://parks.arlingtonva.us/therapeutic-recreation-communityresources">https://parks.arlingtonva.us/therapeutic-recreation-communityresources</a>	April Rosenthal	<a href="mailto:Trinfo@arlingtonva.us">Trinfo@arlingtonva.us</a>	703 228-4740
Adapted Kayaking – Fairfax County Park Authority	<a href="https://www.fairfaxcounty.gov/parks/accessible">https://www.fairfaxcounty.gov/parks/accessible</a>			703-324-8565
Therapeutic Recreation Fairfax County	<a href="https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation">https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation</a>	Sandi Dallhoff	<a href="mailto:Sandi.Dallhoff@fairfaxcounty.gov">Sandi.Dallhoff@fairfaxcounty.gov</a>	703 324-5532 703 324-5716
Adult Social Club Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Ellie Gately	<a href="mailto:Elaine.gately@fairfaxcounty.gov">Elaine.gately@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Adventure Series Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Debbie O'Bryant	<a href="mailto:Deborah.obryant@fairfaxcounty.gov">Deborah.obryant@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Caregivers Night Out Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Ellie Gately	<a href="mailto:Elaine.gately@fairfaxcounty.gov">Elaine.gately@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Family Autism Nights Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Debbie O'Bryant	<a href="mailto:Deborah.obryant@fairfaxcounty.gov">Deborah.obryant@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Fantastic Times Program	<a href="https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation/fantastic-times">https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation/fantastic-times</a>	Debbie O'Bryant	<a href="mailto:Deborah.obryant@fairfaxcounty.gov">Deborah.obryant@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Fit and Fuel Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>			703 324-5532
Friday Night Voyager Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>			703 324-5532 703 324-5716
KEYS Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Debbie O'Bryant	<a href="mailto:Deborah.obryant@fairfaxcounty.gov">Deborah.obryant@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Project Success Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Debbie O'Bryant	<a href="mailto:Deborah.obryant@fairfaxcounty.gov">Deborah.obryant@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Saturday Discovery Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Sandi Dallhoff	<a href="mailto:Sandi.Dallhoff@fairfaxcounty.gov">Sandi.Dallhoff@fairfaxcounty.gov</a>	703 324-5532 703 324-5716
Saturday Voyager Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>			703 324-5532
Second Saturday Funday Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>	Debbie O'Bryant	<a href="mailto:Deborah.obryant@fairfaxcounty.gov">Deborah.obryant@fairfaxcounty.gov</a>	703 324-5532 703 324-5553

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SMILE Program	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>			703 324-5532 703 324-5716
Sports and Fitness Programs	<a href="https://www.fairfaxcounty.gov/ncs_tracers">https://www.fairfaxcounty.gov/ncs_tracers</a>			703 324-5532
Wheelchair Sports (Fairfax Falcons Power Soccer)	<a href="https://fairfaxfalcons.org">https://fairfaxfalcons.org</a>	Kaitlynn Temple	<a href="mailto:kaitlynnetemple@jpmf.org">kaitlynnetemple@jpmf.org</a>	703 324-5718 703 324-5715
Adaptive Recreation-Loudoun County	<a href="https://www.loudoun.gov/adaptiverec">https://www.loudoun.gov/adaptiverec</a>	Maria Auger		703 771-5013
VSAarts (Integrated visual & performing arts program), Purcellville	<a href="https://vsaloudoun.org">https://vsaloudoun.org</a>			540 338-7973
Adaptive Recreation-Prince William County	<a href="http://www.pwccgov.org/government/dept/park/Pages/Inclusion.aspx">http://www.pwccgov.org/government/dept/park/Pages/Inclusion.aspx</a>	Veronica Laughman	<a href="mailto:vlaughman@pwccgov.org">vlaughman@pwccgov.org</a>	703 792-8066
Adaptive Recreation-Stafford County	<a href="https://www.staffordcountyva.gov/1984/Therapeutic-Recreation-Adaptive-and-Incl">https://www.staffordcountyva.gov/1984/Therapeutic-Recreation-Adaptive-and-Incl</a>			540 658-5116 540 658-4869
<b>ADAPTED</b>	<b>AQUATICS</b>			
Adapted Aquatics – Arlington County Parks and Recreation	<a href="http://parks.arlingtonva.us/therapeutic-recreation">http://parks.arlingtonva.us/therapeutic-recreation</a>	Robyn Mitchell	<a href="mailto:Trinfo@arlingtonva.us">Trinfo@arlingtonva.us</a>	703 228-4740
Adapted Aquatics – Fairfax County Parks and Recreation	<a href="https://www.fairfaxcounty.gov/parks/accessible">https://www.fairfaxcounty.gov/parks/accessible</a>	Nicole Fagan	<a href="mailto:nicole.fagan@fairfaxcounty.gov">nicole.fagan@fairfaxcounty.gov</a>	703 324-8565
Adapted Aquatics – Herndon Community Center	<a href="https://www.herndon-va.gov/about-us/recreation/aquatics">https://www.herndon-va.gov/about-us/recreation/aquatics</a>	Christina Bolzman	<a href="mailto:christina.bolzman@herndon-va.gov">christina.bolzman@herndon-va.gov</a>	703 435-6800, ext. 2134
Adapted Aquatics – Loudoun County	<a href="https://www.loudoun.gov/1185/Adaptive-Recreation">https://www.loudoun.gov/1185/Adaptive-Recreation</a>	Maria Auger		703 771-5010
Adapted Aquatics – Prince William County	<a href="https://www.pwccgov.org/government/dept/park/pages/inclusion.aspx">https://www.pwccgov.org/government/dept/park/pages/inclusion.aspx</a>	Veronica Laughman	<a href="mailto:vlaughman@pwccgov.org">vlaughman@pwccgov.org</a>	703 792-8066
Adapted Aquatics – Reston Community Center	<a href="http://www.restoncommunitycenter.com/aquatics-renovation">http://www.restoncommunitycenter.com/aquatics-renovation</a>			703 390-6151
Jewish Community Center of Northern VA	<a href="https://www.thej.org/specialneeds/special-needs">https://www.thej.org/specialneeds/special-needs</a>	Teo Albu	<a href="mailto:Teo.Albu@jccnv.org">Teo.Albu@jccnv.org</a>	703 537-3031 703 537-3032
Joey Pizzano Memorial Fund	<a href="http://www.jpmf.org">http://www.jpmf.org</a>	Kaitlynn Temple	<a href="mailto:info@jpmf.org">info@jpmf.org</a> <a href="mailto:kaitlynnetemple@jpmf.org">kaitlynnetemple@jpmf.org</a>	703 549-4444

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Lead Changes Therapy	<a href="http://www.leadchangetherapy.com">http://www.leadchangetherapy.com</a>	Natalie Conca Jared Conca	<a href="mailto:info@leadchangetherapy.com">info@leadchangetherapy.com</a> <a href="mailto:natalie@leadchangetherapy.com">natalie@leadchangetherapy.com</a>	703 943-0566
SwimKids schools in Woodbridge, Gainesville and Leesburg	<a href="https://www.swimkids.us/special-abilities">https://www.swimkids.us/special-abilities</a>		<a href="mailto:learn2swim@swimkids.us">learn2swim@swimkids.us</a> <a href="mailto:Gainesville@swimkids.us">Gainesville@swimkids.us</a> <a href="mailto:Leesburg@swimkids.us">Leesburg@swimkids.us</a>	703 396-7946 571 261-7946 703-962-7946
Private swim lessons in Arlington		Jon Wiger	<a href="mailto:djwiger@yahoo.com">djwiger@yahoo.com</a>	612 875-3794
<b>ADAPTED</b>	<b>BASKETBALL</b>			
Arlington Special Olympics Basketball		Bernie Woolfley		202 973-4543 703 528-0066
Jewish Community Center of Northern VA	<a href="https://www.thej.org/specialneeds/special-needs">https://www.thej.org/specialneeds/special-needs</a>	Aryn Cahn	<a href="mailto:Aryn.Cahen@thej.org">Aryn.Cahen@thej.org</a>	703 537-3031 703 537-3032
<b>ADAPTED</b>	<b>BASEBALL</b>			
Pioneer Baseball League- Alexandria	<a href="http://www.pbsl.org">http://www.pbsl.org</a>	Scott Keith	<a href="mailto:scott_w_keith@yahoo.com">scott_w_keith@yahoo.com</a>	703 933-2389
Challenger Baseball- Arlington	<a href="http://www.arlingtonlittleleague.org">http://www.arlingtonlittleleague.org</a>	Cathy Makara Adam Balutis	<a href="mailto:challengers@arlingtonlittleleague.org">challengers@arlingtonlittleleague.org</a> ; <a href="mailto:info@arlingtonlittleleague.org">info@arlingtonlittleleague.org</a>	703 401-8738
Challenger Baseball- Chantilly	<a href="http://www.chantillyyouth.org">http://www.chantillyyouth.org</a>	Ben Lorigo Heather Lorigo	<a href="mailto:blorigo@syabaseball.org">blorigo@syabaseball.org</a> <a href="mailto:heatherlorigo@hotmail.com">heatherlorigo@hotmail.com</a>	571 334-7066 703 309-4072
Challenger Baseball- Dale City	<a href="https://www.dalecitylittleleague.com">https://www.dalecitylittleleague.com</a>	Michelle Slaughter	<a href="mailto:vp-challengers@dalecitylittleleague.com">vp-challengers@dalecitylittleleague.com</a> ; <a href="mailto:michelle.slaughter@comcast.net">michelle.slaughter@comcast.net</a>	703 615-8487
Challenger Baseball- Fairfax	<a href="http://fairfaxll.com.leag1.com">http://fairfaxll.com.leag1.com</a>	Michael Kimlick	<a href="mailto:michael.kimlick@dhs.gov">michael.kimlick@dhs.gov</a>	703 323-1043 202 329-9940
Fairfax County Police Youth Club- Youth Challenged League	<a href="http://www.fpycsports.com/sports/youth-challenged">http://www.fpycsports.com/sports/youth-challenged</a>	Bill Mundy	<a href="mailto:BillM10049@aol.com">BillM10049@aol.com</a>	703 978-7544
Falls Church Kiwanis Little League	<a href="http://fckll.org">http://fckll.org</a>	Jake Radcliff	<a href="mailto:jacob.radcliff@gmail.com">jacob.radcliff@gmail.com</a>	
Buddy Ball- Herndon	<a href="http://herndonbaseball.com">http://herndonbaseball.com</a>	Jay McMann	<a href="mailto:janajama@att.net">janajama@att.net</a>	703 404-0166 703 481-7828
Miracle League of City of Manassas Park	<a href="http://www.manassasparkcommunitycenter.com/programsevents/recreation-services/buddy-club">http://www.manassasparkcommunitycenter.com/programsevents/recreation-services/buddy-club</a>	Michael Arrington Sr.	<a href="mailto:m.arrington@manassasparkva.gov">m.arrington@manassasparkva.gov</a>	<a href="tel:7033358872">703-335-8872</a> , <a href="tel:7033358872">ext. 3146</a>
Challenger Baseball- Reston	<a href="http://www.restonlittleleague.com">http://www.restonlittleleague.com</a>	Jodi King & Linda Washington-Robinson	<a href="mailto:Noahsark3@msn.com">Noahsark3@msn.com</a>	703 713-0036 703 318-7414
Challenger Baseball- Springfield	<a href="http://www.springfieldchallenger.org">http://www.springfieldchallenger.org</a>	Eddie Garretson Logan Bruno	<a href="mailto:Logan.garretson@gmail.com">Logan.garretson@gmail.com</a>	703 304-2330 571 331-1167

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Challenger Baseball-Vienna	<a href="http://www.vll.org">http://www.vll.org</a>	Jason Adams, Bill Levitt, Katy Levitt	<a href="mailto:jsadams33@gmail.com">jsadams33@gmail.com</a> <a href="mailto:katylevitt@hotmail.com">katylevitt@hotmail.com</a>	571 217-3707 703 916-7350
<b>ADAPTED</b>	<b>BIKING</b>			
Bikes at Vienna	<a href="http://www.bikesatvienna.com">http://www.bikesatvienna.com</a>	Tim Fricker	<a href="mailto:tim@bikesatvienna.com">tim@bikesatvienna.com</a>	703 938-8900
iCan Shine	<a href="http://icanshine.org">http://icanshine.org</a>	Lisa Ruby	<a href="mailto:lisa@icanshine.org">lisa@icanshine.org</a>	571 218-0770
Jewish Community Center of Northern VA	<a href="https://www.thej.org/specialneeds/special-needs">https://www.thej.org/specialneeds/special-needs</a>	Arlene Lechner	<a href="mailto:Arlene.Lechner@thej.org">Arlene.Lechner@thej.org</a>	703 537-3031 703 537-3032
Life Changing Fitness	<a href="http://www.lcfkids.com">http://www.lcfkids.com</a>	Ricardo Cunningham	<a href="mailto:info@lcfkids.com">info@lcfkids.com</a>	703 909-7971
Whitetail Two Top Mountain Adaptive Sports	<a href="http://www.twotopadaptive.org">http://www.twotopadaptive.org</a>	Bill Dietrich Stacey Schmader	<a href="mailto:bill@twotopadaptive.org">bill@twotopadaptive.org</a> <a href="mailto:stacey@twotopadaptive.org">stacey@twotopadaptive.org</a>	717 507-7668 717 328-9400, ext. 3582
<b>ADAPTED</b>	<b>DANCE</b>			
Regan Dance Center	<a href="http://www.silviacorey.com">http://www.silviacorey.com</a>	Silvia Beltran or Eileen Greenberg	<a href="mailto:DansaiUnite@comcast.net">DansaiUnite@comcast.net</a>	571 235-7771 703 568-5299
Fairfax County Therapeutic Recreation Dance Club	<a href="https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation">https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation</a>	Ellie Gately	<a href="mailto:Elaine.gately@fairfaxcounty.gov">Elaine.gately@fairfaxcounty.gov</a>	703 324-5532 703 324-5553
Jewish Community Center of Northern VA	<a href="https://www.thej.org/specialneeds/special-needs">https://www.thej.org/specialneeds/special-needs</a>	Brenda Forsley	<a href="mailto:Brenda.Forsley@jccnv.org">Brenda.Forsley@jccnv.org</a>	703 537-3031 703 537-3032
Prince William County Adapted Dance Classes	<a href="https://www.pwccgov.org/government/dept/park/pages/inclusion.aspx">https://www.pwccgov.org/government/dept/park/pages/inclusion.aspx</a>	Cynthia Kiehnau	<a href="mailto:CKiehnau@pwccgov.org">CKiehnau@pwccgov.org</a>	703 792-8650
Skill Builders Therapeutic Dance and Movement Classes	<a href="http://www.skillbuildersllc.com">http://www.skillbuildersllc.com</a>	Elizabeth McKenzie	<a href="mailto:elizabethm@skillbuildersllc.com">elizabethm@skillbuildersllc.com</a>	703-941-7757, ext. 107
<b>ADAPTED</b>	<b>GYMNASTICS</b>			
Adapted Gymnastics – Arlington County Parks and Recreation	<a href="http://parks.arlingtonva.us/therapeutic-recreation">http://parks.arlingtonva.us/therapeutic-recreation</a>	Cat Trovato	<a href="mailto:Trinfo@arlingtonva.us">Trinfo@arlingtonva.us</a>	703 228-4740
Adapted Gymnastics - Fairfax County Park Authority	<a href="https://www.fairfaxcounty.gov/parks/accessible">https://www.fairfaxcounty.gov/parks/accessible</a>			703 324-8565
Northern Virginia Gymnastics Academy	<a href="http://www.nvgagymnastics.org">http://www.nvgagymnastics.org</a>	Mike Comini Debbie Giovanis	<a href="mailto:cnvga@aol.com">cnvga@aol.com</a> <a href="mailto:debbiegiovanis@comcast.net">debbiegiovanis@comcast.net</a>	703 430-5434
<b>ADAPTED</b>	<b>HOCKEY</b>			
NOVA Cool Cats Special Hockey	<a href="http://www.novacoolcats.org">http://www.novacoolcats.org</a>	Randy Brawley Bertra McGann Teresa Wellman	<a href="mailto:madref@verizon.net">madref@verizon.net</a> <a href="mailto:bbmcgann@aol.com">bbmcgann@aol.com</a> <a href="mailto:teresaw@gmail.com">teresaw@gmail.com</a>	703 395-6278 703 536-4131

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Blaze Sports Club of Washington, DC for sled hockey	<a href="https://www.medstarnrh.org/our-services/adaptive-sports-fitness/services/sled-hockey">https://www.medstarnrh.org/our-services/adaptive-sports-fitness/services/sled-hockey</a>	Joan Joyce	<a href="mailto:joan.p.joyce@medstar.net">joan.p.joyce@medstar.net</a>	202 877-1420
<b>ADAPTED</b>	<b>ICE SKATING</b>			
Adapted Ice Skating – Fairfax County Park Authority	<a href="https://www.fairfaxcounty.gov/parks/accessible">https://www.fairfaxcounty.gov/parks/accessible</a>	Carl Kirtley	<a href="mailto:carl.kirtley@fairfaxcounty.gov">carl.kirtley@fairfaxcounty.gov</a>	703 768-3224
Kettler Iceplex Learn To Skate	<a href="https://www.medstarcapitalsiceplex.com/page/show/2237768-learn-to-skate-classes">https://www.medstarcapitalsiceplex.com/page/show/2237768-learn-to-skate-classes</a>	Lori Cervinka	LTS@KettlerCapitalsIceplex.com	571 224-0555
<b>ADAPTED</b>	<b>HORSEBACK RIDING</b>			
Therapeutic Riding Association of Virginia	<a href="http://www.travinc.org">http://www.travinc.org</a>	Mary Jo Beckman	<a href="mailto:mjbeckman@gmail.com">mjbeckman@gmail.com</a>	703 538-6329
Bridle Paths	<a href="http://www.bridlepathsva.org">http://www.bridlepathsva.org</a>	Kathleen Fallon	<a href="mailto:bridlepaths@gmail.com">bridlepaths@gmail.com</a>	571 216-9089
Lift Me Up Therapeutic Riding Center	<a href="http://www.liftmeup.org">http://www.liftmeup.org</a>	Georgia Bay	<a href="mailto:info@liftmeup.org">info@liftmeup.org</a>	703 759-6221
Loudoun Therapeutic Riding Foundation	<a href="http://www.ltrf.org">http://www.ltrf.org</a>			703 771-2689
Northern Virginia Therapeutic Riding Program	<a href="http://www.nvtrp.org">http://www.nvtrp.org</a>		<a href="mailto:office@nvtrp.org">office@nvtrp.org</a>	703 764-0269
Project Horse	<a href="http://www.projecthorse.org">http://www.projecthorse.org</a>	Darcy Woessner	<a href="mailto:info@projecthorse.org">info@projecthorse.org</a>	703 517-6964
Rainbow Therapeutic Riding Center	<a href="http://www.rainbowriding.org">http://www.rainbowriding.org</a>	Debi Alexander	<a href="mailto:debidalexander@gmail.com">debidalexander@gmail.com</a> <a href="mailto:rainbow@rainbowriding.org">rainbow@rainbowriding.org</a>	703 745-6159 703 530-7445
Seven Stars Therapeutic Center		Gloria Combs	<a href="mailto:lgcombs@shentel.net">lgcombs@shentel.net</a>	540 234-0661
Simple Changes Therapeutic Riding	<a href="http://www.simplechanges.org">http://www.simplechanges.org</a>	Corliss Wallingford Jenny Spain	<a href="mailto:simplechanges@hotmail.com">simplechanges@hotmail.com</a>	703 402-3613
Spirit Open Equestrian Program	<a href="http://www.spiritequestrian.org">http://www.spiritequestrian.org</a>	Michelle Gnozzio Diane Pires	<a href="mailto:spiritinfo@spiritequestrian.org">spiritinfo@spiritequestrian.org</a> <a href="mailto:rep2diane@aol.com">rep2diane@aol.com</a>	703 600-9667 703 391-9604
Sprout Therapeutic Riding and Education Center	<a href="http://www.sproutcenter.org">http://www.sproutcenter.org</a>	Brooke Waldron	<a href="mailto:info@sproutcenter.org">info@sproutcenter.org</a>	703 965-8628
<b>ADAPTED</b>	<b>MARTIAL ARTS</b>			
Aikido in Fredericksburg	<a href="https://www.aikidoinfredericksburg.org">https://www.aikidoinfredericksburg.org</a>			<a href="tel:5405829600">540 582-9600</a> <a href="tel:5404553378">540 455-3378</a>
Dietrich Karate Studios	<a href="http://www.dkskick.com">http://www.dkskick.com</a>	Michael Dietrich		703 940-9095

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Jhooon Rhee Adaptive Martial Arts	<a href="http://www.adaptivetkd.com">http://www.adaptivetkd.com</a> or <a href="http://arlingtonkicks.com/adaptive-martial-arts">http://arlingtonkicks.com/adaptive-martial-arts</a>	Anna Rome	<a href="mailto:adaptivetkd@arlingtonkicks.com">adaptivetkd@arlingtonkicks.com</a>	703 237-7433
Lead By Example Tae Kwon Do	<a href="http://www.leadbyexampletaekwondo.com">http://www.leadbyexampletaekwondo.com</a>	Robin Moyher Tommy Lightfoot	<a href="mailto:remoyher@gmail.com">remoyher@gmail.com</a> <a href="mailto:LBETKD@yahoo.com">LBETKD@yahoo.com</a>	703 391-1754 703 273-1100
Seichou Karate	<a href="http://seichoukarate.com">http://seichoukarate.com</a>	Richard Romero	<a href="mailto:romero@sdojo.com">romero@sdojo.com</a>	571 257-5401
<b>ADAPTED</b>	<b>SKIING</b>			
Liberty Mountain Resort Adaptive Skiing	<a href="http://www.brasski.org">http://www.brasski.org</a>	Leslie and Dick White	<a href="mailto:info@brasski.org">info@brasski.org</a> <a href="mailto:contact@brasski.org">contact@brasski.org</a>	717 642-8282, ext. 3479
Massanutten Resort Therapeutic Adventures	<a href="http://www.taonline.org">http://www.taonline.org</a>	Mark Andrews	<a href="mailto:adaptive.guide@gmail.com">adaptive.guide@gmail.com</a> <a href="mailto:Elitesochoc4@msn.com">Elitesochoc4@msn.com</a>	434 295-3973
Snowshoe Mountain Adaptive Skiing	<a href="https://www.snowshoemtn.com/plan-your-trip/lessons/ski-and-snowboard-school/adaptive-winter-sports">https://www.snowshoemtn.com/plan-your-trip/lessons/ski-and-snowboard-school/adaptive-winter-sports</a>	C. Woody	<a href="mailto:cwoody@snowshoemountain.com">cwoody@snowshoemountain.com</a>	304 572-6708
Whitetail Two Top Mountain Adaptive Sports	<a href="http://www.twotopadaptive.org">http://www.twotopadaptive.org</a>	Bill Dietrich Stacey Schmader	<a href="mailto:bill@twotopadaptive.org">bill@twotopadaptive.org</a> <a href="mailto:stacey@twotopadaptive.org">stacey@twotopadaptive.org</a>	717 507-7668 717 328-9400, ext. 3582
Wintergreen Adaptive Sports	<a href="https://www.wintergreenadaptivesports.org">https://www.wintergreenadaptivesports.org</a>	Tom Brown	<a href="mailto:info@skiwass.org">info@skiwass.org</a>	434 325-2007
<b>ADAPTED</b>	<b>SOCCER</b>			
Virginia Youth Soccer Association	<a href="http://www.vysa.com">http://www.vysa.com</a>	Sharon Wells Theodore Renaud	<a href="mailto:topsoccer@vysa.com">topsoccer@vysa.com</a> <a href="mailto:theodore.renaud@cox.net">theodore.renaud@cox.net</a>	703 618-6076
TOPSoccer Alexandria	<a href="http://www.alexandria-soccer.com">http://www.alexandria-soccer.com</a>	Bill Dwyer		703 549-6535
TOPSoccer Annandale	<a href="http://www.jccnv.org/specialneeds/special-needs">http://www.jccnv.org/specialneeds/special-needs</a>	Aryn Cahn	<a href="mailto:Aryn.Cahen@thej.org">Aryn.Cahen@thej.org</a>	703 537-3031 703 537-3032
TOPSoccer Arlington	<a href="http://arlingtonsoccer.com">http://arlingtonsoccer.com</a>	Joe Lerner	<a href="mailto:topsoccer@arlingtonsoccer.com">topsoccer@arlingtonsoccer.com</a>	703 522-5866 703 395-7379
Arlington Special Olympics Soccer		Bernie Woolfley		202 973-4543 703 528-0066
TOPSoccer Burke	<a href="http://www.burkeathleticclub.org">http://www.burkeathleticclub.org</a>			
TOPSoccer Chantilly	<a href="http://www.chantillyyouth.org">http://www.chantillyyouth.org</a>			703 378-8787
TOPSoccer Gunston		Theodore Renaud	<a href="mailto:theodore.renaud@cox.net">theodore.renaud@cox.net</a>	
TOPSoccer Great Falls-Reston	<a href="https://www.gfrsoccerclub.org/restonsoccer">https://www.gfrsoccerclub.org/restonsoccer</a>	Colleen Hale	<a href="mailto:spcialtchr@aol.com">spcialtchr@aol.com</a>	703 391-1938
TOPSoccer Manassas	<a href="http://www.novasc.org">http://www.novasc.org</a>	Bill Van Wickler	<a href="mailto:info@novasc.org">info@novasc.org</a>	703 794-7672
TOPSoccer McLean	<a href="http://www.mcleansoccer.org/recreation_Topsoccer">http://www.mcleansoccer.org/recreation_Topsoccer</a>			
TOPSoccer Prince William County	<a href="https://www.pwsi.org/topsoccer">https://www.pwsi.org/topsoccer</a>	Alex Silver	<a href="mailto:asilver@pwsi.org">asilver@pwsi.org</a>	703 609-1461

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TOPSoccer Vienna	<a href="http://www.vys.org">http://www.vys.org</a>	Dana Miller Richard Montano	<a href="mailto:richard_montano@msn.com">richard_montano@msn.com</a>	703 534-0022 703 624-7234
<b>ADAPTED</b>	<b>MULTIPLE SPORTS</b>			
Blaze Sports Club of Washington, DC for multiple adaptive sports	<a href="https://www.medstarnrh.org/our-services/adaptive-sports-fitness">https://www.medstarnrh.org/our-services/adaptive-sports-fitness</a>	Brenda Gilmore Joan Joyce	<a href="mailto:brendagilmore@comcast.net">brendagilmore@comcast.net</a> <a href="mailto:joan.p.joyce@medstar.net">joan.p.joyce@medstar.net</a>	240 460-5741 202 877-1434 202 877-1819 202 877-1420
Loudoun County Special Olympics	<a href="https://www.sovaloudoun.org">https://www.sovaloudoun.org</a>	Megan McCullough	<a href="mailto:Megan.McCullough@loudoun.gov">Megan.McCullough@loudoun.gov</a>	703 777-0438
Northern Virginia Special Olympics	<a href="https://novasova.org">https://novasova.org</a>	Nicole Kratzer	<a href="mailto:nkratzer@specialolympicsva.org">nkratzer@specialolympicsva.org</a>	703 359-4301
Prince William Special Olympics	<a href="https://www.pwsova.org/pwso2/sports.html">https://www.pwsova.org/pwso2/sports.html</a>	Peggy Van Lowe	<a href="mailto:areacoordinator@pwsova.org">areacoordinator@pwsova.org</a>	703 680-6661 540 729-2915
<b>ADAPTED</b>	<b>RECREATION</b>			
ArtStream, Chevy Chase, MD	<a href="http://www.art-stream.org">http://www.art-stream.org</a>	Patricia Woolsey	<a href="mailto:info@art-stream.org">info@art-stream.org</a>	703 975-1008 301 565-4567
Best Buddies	<a href="https://www.bestbuddies.org/vadc">https://www.bestbuddies.org/vadc</a>		<a href="mailto:Virginia-dc@bestbuddies.org">Virginia-dc@bestbuddies.org</a>	703 533-9420
Champion Football League of NoVA	<a href="https://www.dsanv.org/page/ChampionFootball">https://www.dsanv.org/page/ChampionFootball</a>	Stacy Engels	<a href="mailto:stacy.engels@dsanv.org">stacy.engels@dsanv.org</a>	703 621-7129
Children's Adaptive Team Sports (CATS)	<a href="https://www.cats-sports.com">https://www.cats-sports.com</a>	Margarita Benavides	<a href="mailto:solarism78@gmail.com">solarism78@gmail.com</a>	703 597-4310
City Center NOVA – An Inclusive Community	<a href="https://citycenternova.org">https://citycenternova.org</a>			
Dream For Kids DC	<a href="https://www.dreamsforkidsdc.org">https://www.dreamsforkidsdc.org</a>	Glenda Fu Smith	<a href="mailto:gfu@dreamsforkids.org">gfu@dreamsforkids.org</a>	301 742-7787
Endeppence Center of Northern Virginia Social Group	<a href="https://www.ecnv.org/socialgroups">https://www.ecnv.org/socialgroups</a>	Michelle Williams	<a href="mailto:michellew@ecnv.org">michellew@ecnv.org</a>	703 719-1379
Growing Kids Therapy	<a href="https://growingkidstherapy.com">https://growingkidstherapy.com</a>			703 464-0456
Jewish Community Center of Northern VA, Fairfax (for all faiths)	<a href="https://www.thej.org/specialneeds/special-needs">https://www.thej.org/specialneeds/special-needs</a>	Jessica Tischler Arlene Lechner Aryn Cahen	<a href="mailto:Jessica.Tischler@thej.org">Jessica.Tischler@thej.org</a> <a href="mailto:Arlene.Lechner@thej.org">Arlene.Lechner@thej.org</a> <a href="mailto:Aryn.Cahen@thej.org">Aryn.Cahen@thej.org</a>	703 537-3031 703 537-3032
Jill's House, McLean (all faiths)	<a href="http://jillshouse.org">http://jillshouse.org</a>	Bethany Barr	<a href="mailto:Bethany.Barr@jillshouse.org">Bethany.Barr@jillshouse.org</a>	703 639-5660
KEEN Greater DC-Baltimore (Kids Enjoy Exercise Now)	<a href="http://www.keengreaterdc.org">http://www.keengreaterdc.org</a>	Hannah Penman Beth Wenger	<a href="mailto:hannah.penman@keengrdc.org">hannah.penman@keengrdc.org</a> <a href="mailto:programsd@keengrdc.org">programsd@keengrdc.org</a>	301 770-3200 301 461-6346 301 461-2278
Lead Changes Therapy	<a href="http://www.leadchangestherapy.com">http://www.leadchangestherapy.com</a>	Natalie Conca Jared Conca	<a href="mailto:info@leadchangestherapy.com">info@leadchangestherapy.com</a> <a href="mailto:natalie@leadchangestherapy.com">natalie@leadchangestherapy.com</a>	703 943-0566
Life Changing Fitness	<a href="http://www.lcfkids.com">http://www.lcfkids.com</a>	Ricardo Cunningham	<a href="mailto:info@lcfkids.com">info@lcfkids.com</a>	703 909-7971

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McLean Bible Church Access Ministry, McLean (for all faiths)	<a href="https://www.mcleanbible.org/connect/access">https://www.mcleanbible.org/connect/access</a>	Julia Lundquist	<a href="mailto:accessministry@mcleanbible.org">accessministry@mcleanbible.org</a> <a href="mailto:julia.lundquist@mcleanbible.org">julia.lundquist@mcleanbible.org</a>	703 770-2942 703 770-3825 703 770-4393
MVLE Virtual Volunteer Programs	<a href="https://www.mvle.org">https://www.mvle.org</a>	Sabrina Gibson	<a href="mailto:sagibson@mvle.org">sagibson@mvle.org</a>	571 230-0743
Newton School Fun & Fitness, Sterling	<a href="http://thenewtonschool.org">http://thenewtonschool.org</a>	Allison Abraham	<a href="mailto:aabraham@thenewtonschool.org">aabraham@thenewtonschool.org</a>	703 772-0480
Optimal Beginnings, Reston & Bethesda	<a href="http://www.optimalbeginning.com">http://www.optimalbeginning.com</a>	Jennifer Brown	<a href="mailto:admin@optimalbeginning.com">admin@optimalbeginning.com</a>	703 798-8446 347 424-5833
SPecially Adapted Resource Clubs	<a href="https://sparcsolutions.org">https://sparcsolutions.org</a>	Debi Alexander	<a href="mailto:debi@sparcsolutions.org">debi@sparcsolutions.org</a>	571 407-1807
Spirit Club	<a href="https://www.spirit-club.com">https://www.spirit-club.com</a>			301 933-3722
Wings to Fly Therapy & Play Center, Chantilly	<a href="http://www.wingstoflytherapy.com">http://www.wingstoflytherapy.com</a>	Donna Shank	<a href="mailto:info@wingstoflytherapy.com">info@wingstoflytherapy.com</a> <a href="mailto:donna@wingstoflytherapy.com">donna@wingstoflytherapy.com</a>	703 466-5533
We Rock the Spectrum Play Center, Sterling	<a href="http://www.werockthespectrumloudoun.com">http://www.werockthespectrumloudoun.com</a>	Anjali Gulati	<a href="mailto:info@werockthespectrumloudoun.com">info@werockthespectrumloudoun.com</a>	571-313-0335 571-313-0801
<b>ADAPTED</b>	<b>YOGA</b>			
Adapted Yoga – Fairfax County Park Authority	<a href="https://www.fairfaxcounty.gov/parks/accessibile">https://www.fairfaxcounty.gov/parks/accessibile</a>			703-324-8565
Abundant Light Wellness		Ashley Stride	<a href="mailto:ashley@abundantlightwellness.com">ashley@abundantlightwellness.com</a>	202 292-9191
Journey Yoga	<a href="http://www.journeyyoga.com">http://www.journeyyoga.com</a>	Sara Lynn	<a href="mailto:SarahLynn@journeyyoga.com">SarahLynn@journeyyoga.com</a>	703 357-3546 703 822-1638
	<b>SERVICE and THERAPY DOGS</b>			
4 Paws for Ability	<a href="http://4pawsforability.org">http://4pawsforability.org</a>		<a href="mailto:Info@4PawsForAbility.org">Info@4PawsForAbility.org</a> <a href="mailto:karen@4pawsforability.org">karen@4pawsforability.org</a>	937 374-0385
Canine Companions for Independence	<a href="http://www.cci.org/locations/northeast/capital-chapter">http://www.cci.org/locations/northeast/capital-chapter</a>	Jacqueline Cheshire Jim Purton	<a href="mailto:capitalccipresident@gmail.com">capitalccipresident@gmail.com</a> <a href="mailto:jimpurton@yahoo.com">jimpurton@yahoo.com</a>	703 851-3972 703 346-1804
Fidos for Freedom	<a href="http://www.fidosforfreedom.org">http://www.fidosforfreedom.org</a>		<a href="mailto:office@fidosforfreedom.org">office@fidosforfreedom.org</a>	410 880-4178 301 490-4005
Heeling House	<a href="http://www.heelinghouse.org">http://www.heelinghouse.org</a>	Kathy Benner	<a href="mailto:mail@heelinghouse.org">mail@heelinghouse.org</a>	703 661-6610
Paws4People	<a href="http://www.paws4people.org">http://www.paws4people.org</a>	Randy Powers	<a href="mailto:info@paws4people.org">info@paws4people.org</a> <a href="mailto:randy.powers@pawspmmc.org">randy.powers@pawspmmc.org</a>	800 253-7297 540 845-0035
Service Dogs of Virginia	<a href="http://www.servicedogsva.org">http://www.servicedogsva.org</a>		<a href="mailto:info@servicedogsva.org">info@servicedogsva.org</a>	434 295-9503i
Summit Therapy Animal Services	<a href="http://www.summittas.com">http://www.summittas.com</a>	Michelle Robinson	<a href="mailto:info@summittas.com">info@summittas.com</a>	703 793-0181

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	<b>TRAVEL and CAMPS SECTION</b>			
Adaptive Recreation Camps- Loudoun County	<a href="https://www.loudoun.gov/1187/Adaptive-Recreation-Camps">https://www.loudoun.gov/1187/Adaptive-Recreation-Camps</a>	Maria Auger	<a href="mailto:adaptiverecreationcamp@loudoun.gov">adaptiverecreationcamp@loudoun.gov</a>	703 771-5013
<u>Applied Behavior Analysis Programs Guide- 30 Best Autism-Friendly Vacation Ideas</u>	<a href="https://www.appliedbehavioranalysisprograms.com/30-best-autism-friendly-vacation-ideas">https://www.appliedbehavioranalysisprograms.com/30-best-autism-friendly-vacation-ideas</a>			
Autism on the Seas Cruises	<a href="http://www.autismontheseas.com">http://www.autismontheseas.com</a>			800 516-5247 203 604-0278
<u>Autism Adventure Travel</u>	<a href="http://www.autismadventuretravel.com">http://www.autismadventuretravel.com</a>			941 979-2663
Blaze Sports Club of Washington, DC adaptive sports camp	<a href="https://www.medstarnrh.org/our-services/adaptive-sports-fitness/services/adaptive-sports-camp">https://www.medstarnrh.org/our-services/adaptive-sports-fitness/services/adaptive-sports-camp</a>	Joan Joyce	<a href="mailto:joan.p.joyce@medstar.net">joan.p.joyce@medstar.net</a>	202 877-1420
Camps for Children with Special Needs Guide	<a href="https://www.parentcenterhub.org/a-camp-for-everyone">https://www.parentcenterhub.org/a-camp-for-everyone</a>			
Disability Travel and Recreation Resources	<a href="http://www.makoa.org/travel.htm">http://www.makoa.org/travel.htm</a>			
Camp Easterseals UCP	<a href="http://www.easterseals.com/NCVA/our-programs/camping-recreation/camp-easter-seals-ucp.html">http://www.easterseals.com/NCVA/our-programs/camping-recreation/camp-easter-seals-ucp.html</a>		<a href="mailto:camp@eastersealsucp.com">camp@eastersealsucp.com</a>	540 777-7325
Emerging Horizons	<a href="http://www.emerginghorizons.com">http://www.emerginghorizons.com</a>			
Executive Class Travelers for Disabled	<a href="http://www.executiveclasstravelers.com/1/travel_resources.htm">http://www.executiveclasstravelers.com/1/travel_resources.htm</a>			866 950-2200
Family Travel Association- Traveling with Autism	<a href="https://familytravel.org/traveling-with-autism">https://familytravel.org/traveling-with-autism</a>		<a href="mailto:info@familytravel.org">info@familytravel.org</a>	<a href="tel:8456899033">845 689-9033</a>
Gimp on the GO	<a href="http://www.gimponthego.com">http://www.gimponthego.com</a>			
Go Sprout	<a href="http://www.gosprout.org">http://www.gosprout.org</a>		<a href="mailto:Vacations@GoSprout.org">Vacations@GoSprout.org</a>	888 222-9575
Guided Tour	<a href="http://www.guidedtours.com">http://www.guidedtours.com</a>		<a href="mailto:director@guidedtours.com">director@guidedtours.com</a> <a href="mailto:Gtour400@aol.com">Gtour400@aol.com</a>	800 783-5841 215 782-1370
Jewish Community Center of Northern VA travel program	<a href="https://www.thej.org/specialneeds/special-needs">https://www.thej.org/specialneeds/special-needs</a>	Lauren Soljanyk	<a href="mailto:Lauren.Soljanyk@thej.org">Lauren.Soljanyk@thej.org</a>	703 537-3031 703 537-3032
League For People With Disabilities	<a href="http://www.leagueforpeople.org/programs">http://www.leagueforpeople.org/programs</a>		<a href="mailto:info@leagueforpeople.org">info@leagueforpeople.org</a>	410 323-0500

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Mobility International USA	<a href="http://www.miusa.org">http://www.miusa.org</a>			541 343-1284
Moss Rehab Travel Resources	<a href="https://www.mossrehab.com/patients-and-visitors/information-for-out-of-town-visitors/travel-resources">https://www.mossrehab.com/patients-and-visitors/information-for-out-of-town-visitors/travel-resources</a>		kennedyd@einstein.edu	800 225-5667
Mouse Savers- for all things Disney	<a href="http://www.mousesavers.com">http://www.mousesavers.com</a>			
National Center on Physical Activity and Disability	<a href="https://www.nchpad.org/Articles/8/Adaptive~Sports">https://www.nchpad.org/Articles/8/Adaptive~Sports</a>			800 900-8086
New Directions Travel	<a href="http://www.newdirectionstravel.org">http://www.newdirectionstravel.org</a>		<a href="mailto:hello@newdirectionstravel.org">hello@newdirectionstravel.org</a>	888 967-2841
Society for Accessible Travel and Hospitality	<a href="http://sath.org">http://sath.org</a>		<a href="mailto:sathtravel@aol.com">sathtravel@aol.com</a> <a href="mailto:sathinfo@sath.org">sathinfo@sath.org</a>	212 447-7284
Special Needs at Sea	<a href="https://www.specialneedsatsea.com/blog/cruising-with-children-with-special-needs">https://www.specialneedsatsea.com/blog/cruising-with-children-with-special-needs</a>			800 513-4515 954 585-0575
Special Travelers	<a href="http://special-travelers.org">http://special-travelers.org</a>	Meghan Mulvenna	<a href="mailto:specialtravelers@gmail.com">specialtravelers@gmail.com</a>	443 228-6436
Sundial Special Vacations	<a href="http://www.sundial-travel.com">http://www.sundial-travel.com</a>		<a href="mailto:roxanne@sundial-travel.com">roxanne@sundial-travel.com</a> <a href="mailto:shorex@sundial-travel.com">shorex@sundial-travel.com</a>	800 547-9198
Suntastic Service Tours	<a href="http://www.suntasticservice.com">http://www.suntasticservice.com</a>		<a href="mailto:info@suntasticservice.com">info@suntasticservice.com</a>	407 908-8715
Travel Access Services Corp. Guide	<a href="http://tascinternational.org">http://tascinternational.org</a>			
Trippin' with Jamie	<a href="http://trippinwithjamie.com">http://trippinwithjamie.com</a>	Jamie Scheff	<a href="mailto:trippinwithjamie@gmail.com">trippinwithjamie@gmail.com</a>	703 973-1334
Trips, Inc.	<a href="http://www.tripsinc.com">http://www.tripsinc.com</a>	Leslie Peterson	<a href="mailto:trips@tripsinc.com">trips@tripsinc.com</a>	800 686-1013
United Cerebral Palsy Travel & Transportation Guide	<a href="http://ucp.org/resource-guide/travel-and-transportation">http://ucp.org/resource-guide/travel-and-transportation</a>		<a href="mailto:ucpa@ucpaorwa.org">ucpa@ucpaorwa.org</a>	800 473-4581
Ventures Travel	<a href="http://www.venturestravel.org">http://www.venturestravel.org</a>		<a href="mailto:vt@venturestravel.org">vt@venturestravel.org</a>	866 692-7400 952 852.0107
Virginia Travel Guide for Persons with Disabilities	<a href="http://www.travelguides.org/vaguide.html">http://www.travelguides.org/vaguide.html</a>			800 742-3935
Visit Florida- Special Needs Travel Resources	<a href="https://www.visitflorida.com/en-us/visitor-services/special-needs-travel.html">https://www.visitflorida.com/en-us/visitor-services/special-needs-travel.html</a>		<a href="mailto:jackforsythe@visitflorida.org">jackforsythe@visitflorida.org</a>	866 972-5280